

BE WISE AND IMMUNIZE

Immunization is the best way to protect children from many dangerous diseases. It protects individuals, families, and communities by preventing the spread of disease. It is important to keep infant and children's immunizations on time and up-to-date to provide the best protection. In Saskatchewan, immunization is provided through public health beginning at two months of age. Immunizations are given throughout the infant and preschool years as well as in Grades 6 and 8.

There are resources available to parents that can help answer immunization questions. These resources include:

- Caring for Kids – www.caringforkids.cps.ca. This website from the Canadian Pediatric Society has a section on immunization. This site provides information on vaccines, vaccine safety, common concerns, myths and facts and general information regarding immunization.
- Kids Boost Immunity – www.kidsboostimmunity.com. This resource is a free online learning resource for Canadian students with lessons linked to science, social studies and health curriculums. It is designed for teachers and their classroom students. By completing quizzes, students have the opportunity to earn vaccines for children through UNICEF Canada.
- I Boost Immunity – www.iboostimmunity.com. This site provides information regarding immunization and communicable diseases by doing “Booster” quizzes. If the average score for a quiz is beaten, a vaccine is earned for a child in a developing country through UNICEF Canada.
- Immunize Canada – www.immunize.ca. Immunize Canada provides information for the public regarding immunization, diseases and vaccines. There are sections for parents and adolescents who may be looking for more information.
- Information regarding Saskatchewan's immunization program is available at [Government of Saskatchewan Immunization Services](#). This site includes information on the immunization programs, the immunization schedule and vaccine information.

For further information on immunization, please contact your local public health office. You can find the contact information for public health offices at [Government of Saskatchewan Public Health Offices](#).